

*Becoming
Advocates
for Nursing
Using One
Strong Voice*

Heidi N. Lucas, MPA
MONA Executive Director

 **MISSOURI**
NURSES ASSOCIATION

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Meet the MONA Executive Director



**Heidi N. Lucas, MPA,
MONA Executive
Director**

- Started with MONA in January 2017
- Expertise in health and healthcare policy, legislative advocacy, anti-poverty policies and strategies, organizing, grassroots community building, nonprofit and association management

 **MISSOURI**
NURSES ASSOCIATION

Director@MissouriNurses.org

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Goals for today

- Who is the Missouri Nurses Association?
- Politics and Nursing
- Why Your Voice Matters
- Who are your Legislators
- Our Legislative Priorities
- After Today



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You take care of Missouri.

Who Takes Care of You?



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Missouri Nurses Association

Where nurses take care of nurses



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What is the Missouri Nurses Association?

- Organized in 1906 as “The voice of nursing”
- State member of the American Nurses Association (ANA)
 - Offering representation at local and national level
- Represents over 110,000 licensed registered nurses in Missouri



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Our Mission

Advancing the nursing profession by uniting as one strong voice with Missouri nurses

Our Vision

A healthy Missouri through the power of Nursing.

Our Purpose

To act and speak for the nursing profession and Missouri's professional nurses and to promote and enhance safe and accountable professional nursing practice



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What is our commitment to you?



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American Nurses Association at a Glance



- Only full-service professional organization representing every registered nurse in the nation
- The strongest voice for the nursing profession



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What is the difference between the Missouri Nurses Association and the State Board of Nursing?

Missouri Nurses Association		State Board of Nursing
Professional Advocacy	MISSION	Public Safety
Code of Ethics	STANDARD	Nurse Practice Act
Voluntary	PARTICIPATION	Mandatory (Licensure)
RN and APRN	MEMBERSHIP	LPN, RN, & APRN



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Benefits of Membership

- Advance your Career
- Stay Current with Advocacy and Education
- Save Money
- Network and Connect with other RN's
- Make your Voice Heard



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Your Voice Matters



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Politics and Nursing

- Unlikely match or perfect marriage?
- Nurses Members of the State Legislature
 - None in the Senate
 - One in the House of Representatives
- In 2022 Election
 - Patty Lewis, RN for 20 years—Executive at Cerner
 - Trudy Busch Valentine- would have been the first nurse EVER in Federal Senate
 - Cori Bush, US Representative
 - Several others who work in healthcare



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Legislators want to hear from YOU!



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What can nurses say to make a difference to their representatives or senators?

You are the expert!



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One Nurses Story...



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Why Advocacy?

- Present an informed viewpoint
- Represent silent or disadvantaged groups
- Broaden the dialogue to hear the dissenting voice or both sides
- Garner support from others
- Influence elections
- Influence elected officials voting
- Prepare for later dialogue and legislation
- Bring polarities to the center
- Negotiate compromise



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What is a lobbyist and why do we need one?



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Legislative Victories

- Introduced and passed legislation to stop violence against nurses and other healthcare professionals before it starts
- Successfully lobbied the Governors office and the MO DHSS to enact and extend emergency provisions removing APRN barriers throughout the Pandemic
- Worked with coalitions to pass a statewide PDMP, stop harmful anti-vaccine legislation and pass mental health parity laws



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Who are your legislators?



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Start at the beginning: who are your legislators?

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About Membership Advocacy Practice Education Events Join

FIND YOUR LEGISLATORS

Knowing those that represent you is the first step in creating change for the better!

Enter your address to find out who represents you.

Street*

Zip Code*

Submit



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About Membership Advocacy Practice Education Events Join

State Executive

Gov. Michael L. Parson
Governor
Republican Party
Website
More Details >

Lt. Gov. Michael Kehoe
Lt. Governor
Republican Party
Website
More Details >

State House

Rep. Dave Griffin
Missouri Representative
Republican Party
More Details >

State Senate

Sen. Michael Berman
Missouri Senator
Republican Party
Website
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About • Membership • **Advocacy** • Practice • Education • Events • **Join**

Rep. Dave Griffith
Missouri Representative - MO
Republican Party
Elected since 2018 (Next Election Date: 2024)

Main Office
State Capitol
Room 411-B
201 West Capitol Avenue
Jefferson City, MO 65101
[View Map](#)

Main Contact
Phone: (573) 751-2412
Fax: (573) 751-0940
Website:
<http://House.mo.gov/MemberDetails.aspx?year=2023&code=H&district=060>

Social Media
Facebook: <http://www.facebook.com/DaveGriffithMO>
Twitter: <http://twitter.com/davegriffithmo>

Other Offices
State Capitol
Room 411-B
201 West Capitol Avenue
Jefferson City, MO 65101
[View Map](#)

Committees

- State Committee Member, House Committee on Administration and Accounts
- Sub Chairperson, House Committee on Rules - Administrative Oversight
- State Committee Member, House Committee on Health and Mental Health Policy
- Sub Chairperson, House Committee on Veterans

Biographical Information

Current Residence Jefferson City, MO
Education Missouri Southern State University, B.S. (1986)
Marital Status Married
Family 2 children, 5 grandchildren

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How to reach your legislator

- Call
- Email
- Text
- Twitter
- Facebook
- Letter
- Visit

Email or phone

Dave Griffith
1.1K followers • 6 following

Intro
Dave is husband, father & grandfather; civic & business leader, veteran & humanitarian. He is honor.

Page - Political Candidate
Dave@DaveGriffithMO.com

NEWSTRIBUNE.COM
Griffith retains seat representing Jefferson

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2023 Legislative Priorities: How did MONA get here?



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How do we decide what our Legislative Priorities are?

What legislative agenda items correspond with our:

- Mission
- Purpose
- Is in the best interest to the nursing profession
- For the betterment of all Missourians



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Four Priority Areas

APRN

- The Missouri Nurses Association urges Missouri legislators to join our surrounding states and other states in our nation to remove unnecessary mileage restrictions, untimely and unnecessary chart and patient reviews by the collaborating physician, as well as other unnecessary restrictions

PUBLIC HEALTH

- We work on topics that are in the best interest of Missouri's citizens health and welfare; such as Medicaid Expansion, a PDMP, Needle Exchange programs, and Immunizations



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Four Priority Areas

WORKPLACE SAFETY

- The Missouri Nurses Association supports initiatives to address safety in the workplace for all nurses.

MENTAL HEALTH

- MONA believes that everyone deserves mental health services that are comprehensive, affordable, and without stigma



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Current Legislation:

Legislation from the 2023 session



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Surgical Smoke

HB 396- Buchheit-Courtway

SB 462- Gannon & SB 212- Beck

This bill provides that every hospital and ambulatory surgical center that performs procedures that produce surgical smoke, as defined in the bill, must adopt policies and procedures for the implementation of a surgical smoke plume evacuation system to ensure reduction of surgical smoke.

Like cigarette smoke, surgical smoke can be seen and smelled. It is the result of human tissue contact with mechanical tools and/or heat-producing devices, such as lasers and electro-surgery pencils commonly used for dissection and hemostasis. An estimated 90% of all surgical procedures – including such common surgeries as cesarean sections, mastectomies, knee replacements and appendectomies – generate surgical smoke.

Surgical smoke is full of carcinogenic and mutagenic cells, can include 150 hazardous chemicals, 16 of which are on the EPA Priority Pollutant List, and likely exposes O.R. staff to biological (human) contaminant, including aerosolized blood

Message: OR teams deserve to work in a smoke free environment to protect their health and safety



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Surgical Smoke



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Surgical Smoke



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"Do No Harm Act": Anti-DEI requirements in Healthcare Education

SB 410- Koenig

HB 489- Baker

These bills targets higher education institutions in Missouri by not allowing them to offer or engage in Diversity, Equity, and Inclusion (DEI) training in healthcare education. They attempt to ban bias training and anti-racism education from schools and healthcare organizations.

Message: DEI is an important tool to help teach students about racism and how it affects public health. It should be part of a balanced public health curriculum and we oppose attempts to ban it.



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Expanding MO HealthNet services for pregnant and postpartum women

SB 45: Gannon & SB 90: McCreery

HB 254: Pollitt, HB 354: Davidson, HB 965: Stinnett, & HB 957: Bosley

These bills are a good example of bipartisanship. They would extend MO HealthNet coverage for low-income women for one year following the end of the pregnancy. In 2018, the Missouri Pregnancy-Associated Mortality Review reported that 80% of pregnancy-related deaths that year could have been prevented. The Missouri Foundation for Health estimates that If Missouri were to extend coverage, 4,500 Missourians would gain access to 12-month continuous postpartum coverage

Message: *This is good policy because it helps protect mothers and babies and could reduce maternal mortality in Missouri.*



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What is APRN Full Practice Authority?

State practice and licensure law provides for all nurse practitioners to evaluate patients, diagnose, order and interpret diagnostic tests, initiate and manage treatments—including prescribe medications—under the exclusive licensure authority of the state board of nursing.



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APRN Regulatory Reduction: Full Practice Authority

- Missouri's APRN laws are very restrictive & prevent APRNs from practicing to the full extent of their education & training
- Legislative & regulatory efforts
- Well heeled & well respected opposition

Our message:

Missouri patients deserve access to quality health care



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APRN Legislation

SB 208 & HB 330: Licensure for Nurse Practitioners

SB 79 & HB 271: Regulatory Reduction for APRNs

HB 284: Removing APRN Practice Barriers (mileage, practice period, etc.)

SB 27 & HB 329: Modifies provisions relating to certified registered nurse anesthetists

SB 157 & HB 69: Geographic Proximity for Correctional Centers

Message: Missouri patients deserve access to quality health care



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Talking to your Legislator

- Legislators work for YOU
- Common Bonds
- Legislators are just people
- You are the **expert!**



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Effective Meetings

DURING YOUR MEETING

- Relax!
- Be prompt & flexible
- Be organized & concise
 - Who are you?
 - Connect to the district
 - Be a plain-spoken expert
 - Leave behind 1-3 pages
(include contact information)
- Be truthful...
 - Follow up is okay



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The most important part of your visit...

“The Ask”

We need money, PLEASE.

Vote for the bill, PLEASE.

Come to this event, PLEASE.

Help convene a group to... PLEASE.

Introduce me to ... PLEASE.



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“What can I do to help?”

- A. We are doing just fine and just wanted to provide you with information on what we are doing
- B. Uhhhhh, what do you mean?
- C. Thank you for your kind offer. We were hoping you would be able to...



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Correct Answer?

C!

Legislators understand their positions can help constituents and agencies so they want this interaction.



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Remember

- Designate a leader for each meeting
- Designate the roles for each person in the group
- Before each meeting, everyone should:
 - Know their role
 - Know their talking points
 - Know the ask
 - Annnndddd....



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Leave the Nurse Calling Card



REGISTERED NURSES are on the front lines of health care in Missouri!

I am here as a participant at the Missouri Nurses Association Nurse Advocacy Day – March 1, 2023. These are a few of the issues MONA is working on during the 2023 legislative session.

NURSE ADVOCACY DAY LEGISLATIVE PRIORITIES

SURGICAL SMOKE **HB396, SB212 & SB462** **SUPPORT**
Like cigarette smoke, surgical smoke can be seen and smelled. Surgical smoke is the result of human tissue contact with mechanical tools and/or heat-producing devices, such as lasers and electro-surgery pencils commonly used for dissection and hemostasis. An estimated 90% of all surgical procedures generate surgical smoke. Surgical smoke is full of carcinogenic and mutagenic cells, can include 150 hazardous chemicals, 16 of which are on the EPA Priority Pollutant List, and likely exposes OR staff to biological (human) contaminants, including aerosolized blood.

MEICAID COVERAGE FOR WOMEN **SB45 & SB90** **SUPPORT**
These bills are identical and seek to extend MO HealthNet coverage for low-income women for the duration of the pregnancy and for one year following the end of the pregnancy. Currently, MO HealthNet coverage only covers the duration of the pregnancy and up to 90 days following the end of the pregnancy. During committee discussion, a committee substitute was adopted to combine the two bills into one legislative vehicle.

ANTI-DEI REQUIREMENTS **HB489 & SB410** **OPPOSE**
These bills target higher education institutions in Missouri by not allowing them to offer or engage in Diversity, Equity, and Inclusion (DEI) training in healthcare education. They attempt to ban bias training and anti-racism education from schools and healthcare organizations. DEI is an important tool to help teach students about racism and how it affects public health. It should be part of a balanced public health curriculum and we oppose attempts to ban it.

REGULATORY REDUCTION FOR APRNs **HB271 & SB79** **SUPPORT**
These bills remove the requirement that Advanced Practice Registered Nurses (APRNs) practice through a collaborative practice arrangement. This bill also addresses removing all unnecessary barriers to APRN practice in the state of Missouri, including mileage, chart review, Physician/APRN Ratios, and the 30-day practice period.

APRNs across the country are educated, trained, and board certified, yet in Missouri they are unable to practice without being delegated that authority from a physician. The current statutes, as well as the rules/regulations, are not supported by research, data, or evidence-based practice. They are outdated, truly unnecessary, and add to the health care system in Missouri. APRNs in states across the country, including in Kansas, Iowa, and Nebraska, do not work with many of these regulations. However, in Missouri APRNs are unable to practice without being subjected to odious restrictions that do nothing to improve access to care. There is no other profession where a person attends graduate school for 2-5 years and cannot expect to fully practice in their trained discipline upon graduation and certification.

WHO IS MONA? – The Missouri Nurses Association (MONA) is one strong voice for Missouri's approximately 110,000 licensed registered nurses. Our goal is to improve access to quality health care for the hundreds of thousands of patients Missouri nurses treat each year.

Missouri Nurses are at the heart of health care, caring for patients in communities across the state every day. Whether it's a routine check-up or a trip to the emergency room, Missouri nurses are the first and last person a patient sees.

MONA's mission is to promote, protect, and enhance patients' access to quality health care in our state. We seek to advance the nursing profession through education, collaboration, advocacy and building strong, lasting partnerships in the health care community and beyond.

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

EMAIL _____

Please feel free to contact the Missouri Nurses Association if you have further questions about our position on these issues or if you would like a nurse to present expert testimony.



www.missourinurses.org • 573-636-4623
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twitter.com/MoNurses



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Effective Meetings

AFTER YOUR MEETING

- Use the meeting as a starting point
- Follow up on anything you promised
- Write a note, tweet a picture, etc.
- Consider:
 - “I don’t know, I will get back to you”
 - “I forgot to tell you about...”
 - “THANK YOU”



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Okay... But how
does this look??



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*What does the
MONA
Lobbyist Need
From You?*

Kyna Iman,
MONA Lobbyist



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Priority Bills

Surgical Smoke

- HB 396- Buchheit-Courtway **SUPPORT**
- SB 462- Gannon & SB 212- Beck **SUPPORT**
HEARING TODAY ON SB 212

Expanding MO HealthNet services for pregnant and postpartum women

- SB 45: Gannon & SB 90: McCreery **SUPPORT**
- HB 254: Pollitt, HB 354: Davidson, HB 965: Stinnett, & HB 957: Bosley **SUPPORT**

"Do No Harm Act": Anti-DEI requirements in Healthcare Education

- SB 410- Koenig **OPPOSE**
- HB 489- Baker **OPPOSE**

Regulatory Reduction for APRNs

- HB 271: Riley **SUPPORT**
- SB 79: Schroer **SUPPORT**



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NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

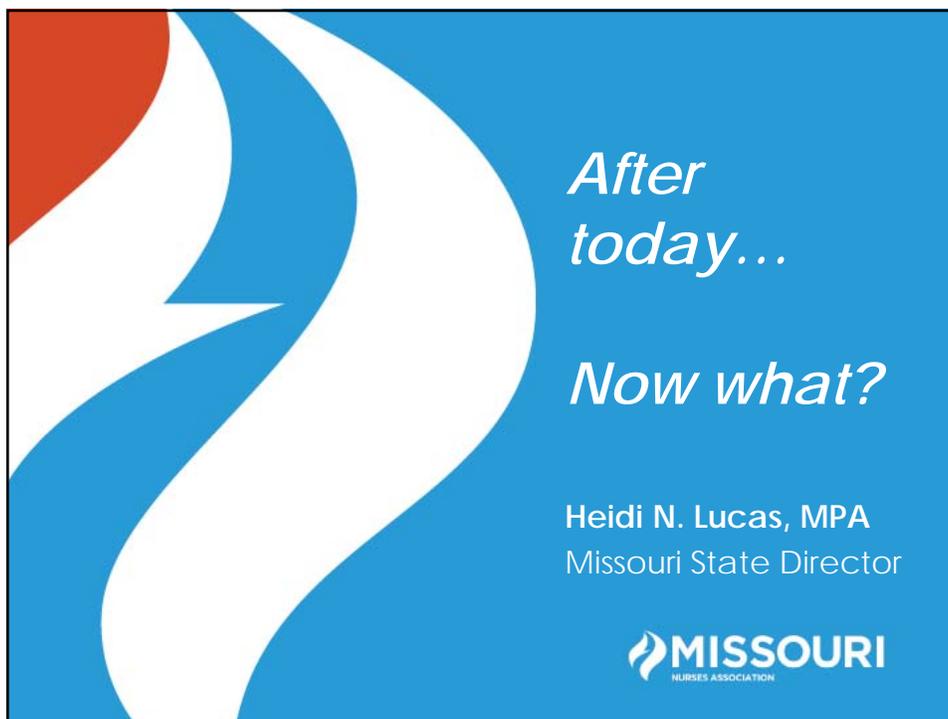
EMAIL _____

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After today...

Now what?

Heidi N. Lucas, MPA
Missouri State Director

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So what can you do to make a difference?

- Engage in the legislative process. Go to the Capitol
- Write letters, call, email, or visit your legislators. They work for YOU.
- Find balanced and accurate information on legislative issues & talk about what you learn
- Be visible. Attend fundraisers, rallies, town hall meetings.
- Sign up for (a few) mailing lists for issues you care about
- Use Social Media
- Run for office
- **AND...**



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Be an active, informed voter

Register to Vote

Secure | <https://www.sos.mo.gov/elections/goVoteMissouri/register>

SKIP NAVIGATION REGISTER TO VOTE ABOUT JOHN R. ASHCROFT ACCESSIBILITY INFO CONTACT US

JOHN R. ASHCROFT
MISSOURI
SECRETARY
OF STATE

Business Services Elections & Voting Investor Protection & Securities State Library Records & Archives Administrative Rules Publications & Forms

ELECTIONS & VOTING

Register to Vote
How to Vote
Where Do I Vote?
View Candidates & Issues
What Do I Bring To The Polls
Absentee Voting
Military and Overseas

VOTE MISSOURI

REGISTER TO VOTE

Your Voter Registration Form must be POSTMARKED by the 4th Wednesday before the election.
Click here for upcoming election deadlines.
To update your name and address or register to vote or the first time, complete a voter registration application by:

FILLING OUT THE VOTER REGISTRATION APPLICATION
PRINTING & MAILING YOUR APPLICATION



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Register to Vote

www.govotemissouri.com



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You can't win if you don't play...

**“WE IN AMERICA
DO NOT HAVE
GOVERNMENT BY
THE MAJORITY.
WE HAVE
GOVERNMENT BY
THE MAJORITY WHO
PARTICIPATE.”**



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Join us...

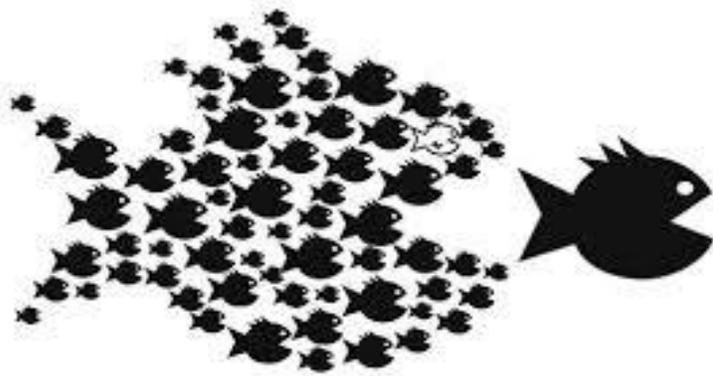
The Missouri Nurses Association is here for you!

We are looking out for you and your patients' best interests day in and day out.



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We are one strong voice...



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Thank you!!

Heidi N. Lucas, MPA
Missouri Nurses Association
Director@MissouriNurses.org
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