



## MISSOURI NURSE ADVOCACY DAY *Legislative Advocacy: The Who, What, Why & How Nurses Should Be Involved*

### **DIRECTIONS & PARKING**

Thank you for choosing to join us for Missouri Nurse Advocacy Day. The Missouri Nurses Association (MONA) wanted to provide some helpful information to our participants to ease their travels and guide them when they arrive at the hotel.

#### **DIRECTIONS**

Missouri Nurse Advocacy Day is being held at the Capitol Plaza Hotel located at 415 W. McCarty St in Jefferson City, MO 65101. Capitol Plaza offers first-class accommodations and service in the heart of this vibrant capital city. This Mobil 3-Star and AAA 3-Diamond-rated hotel puts all of the best downtown Jefferson City attractions, shopping, and businesses within easy reach. Below are driving directions from various corners of Missouri to guide you as you travel to the Capitol Plaza Hotel:

##### From St. Louis to Jefferson City

Take I-70 West to Kingdom City exit (#148). At exit, take left onto Highway 54 West. Follow Highway 54 to Jefferson City. Coming into Jefferson City you will cross the Missouri River Bridge. From the right lane, take the McCarty Street exit. Make a left turn onto McCarty. Capitol Plaza is two blocks ahead on the right.

##### From Kansas City to Jefferson City

Take Highway 50 East into Jefferson City. Make a left turn at intersection of Highway 50 and Missouri Blvd. Turn right onto McCarty Street at the first light. The entrance to Capitol Plaza is to your right.

Take I-70 East to the Highway 63 South exit in Columbia. Turn right and take 63 South to Highway 54 West. Follow Highway 54 to Jefferson City. Coming into Jefferson City you will cross the Missouri River Bridge. From the right lane, take the McCarty Street exit. Make a left turn onto McCarty. Capitol Plaza is two blocks ahead on the right.

##### From Columbia to Jefferson City

Take Highway 63 South to Highway 54 West. Take Highway 54 to Jefferson City. Coming into Jefferson City you will cross the Missouri River Bridge. From the right lane, take the McCarty Street exit. Make a left turn onto McCarty. Capitol Plaza is two blocks ahead on the right.

##### From Springfield to Jefferson City

Take I-44 East to Lebanon exit (Highway 5). Take left onto Highway 5 North. At Camdenton, make a right onto Highway 54 East. Take Missouri Blvd. (Business 50) exit. Make a right onto Missouri Blvd. Cross over Highway 50 and turn right onto McCarty Street at the first light. The entrance to Capitol Plaza is to your right.

#### **PARKING**

Capitol Plaza Hotel has a parking garage that will hold a couple hundred automobiles. The main parking lot will also accommodate several buses, but each are only on a first come first served basis. Due to the location of Capitol Plaza Hotel and Missouri State Legislature being in session, parking is extremely limited, therefore please plan accordingly.

There are several areas around Jefferson City for parking large buses and cars. The following is a list of locations in the Jefferson City area that will accommodate buses. For large groups traveling by bus, we encourage you to have the bus drop you off at the Capitol Plaza Hotel and provide the driver with a time to return for pick up.

- 200 & 300 Block of State Street (*by Governor's Mansion*), between Madison Street and Jackson Street
- 400 Block of Washington Street
- 100 Block of Miller
- North Jefferson City Commuter Parking Lot (*located by Jefferson City Memorial Airport exit on the north side of the Missouri River Bridge*)